

Your Contact Person is

.....
At Number.....



BROMLEY HEATH NEIGHBOURHOOD WATCH NEWSLETTER WINTER 08/09 EDITION *'Working Together, Keeping You Safe.'*



Our Watch area is now very well signed as one where we are active in community safety and crime prevention. It was really great to get positive feedback and thanks from residents as we put the signs on the lampposts. We do like to hear from you – it keeps us on our toes too!

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Useful Numbers:

Neighbourhood beat manager's office:
0117 9454193

Beat Mobiles

- PC. William Gibbs 07778 470354
- PC. James Rochford 07919 628312
- PCSO Justin Gay 07795 503242
- PCSO Katrina Sheldrake 07795 503243
- PCSO Ross Rugman 07825 388935

Police Main Switchboard: 0845 456 7000

In Emergencies Only: 999

Emergency text for deaf, deafened, hard of hearing and speech impaired people: **80999**

Crimestoppers: 0800 555 111

Street Care: 01454 868 000 If you need assistance with stray Dogs, Litter, Lighting, Pavements, Graffiti, etc.

BHNW: 9563325.

We are very grateful to the local businesses that advertise in this newsletter and hope that you will support them; however, we cannot endorse or recommend their services.

- Physical Exercise
- Music
- Concentration
- Co-ordination
- Flexibility
- Rhythm
- Creative Play
- Imagination
- Balance
- Friendship
- Confidence

"Come along and join in the fun"



Pre-School Gym Club

For further details, please call 0117 957 0009

Compliments of the Season from Star jumpers gym club; one of the very few gymnastics clubs in Bristol to specialise in exercise for the under 5's. Designed by British Gymnastics and run by qualified gymnastics coaches, children are guaranteed a good workout! Better still the classes are all held locally in Bromley Heath, (on Thursday afternoons) Emersons Green, Staple Hill and Pucklechurch.

Children can start from as young as 5 months, while our after-school classes cater for reception age children upwards. We also run monthly Saturday classes for children and parents who cannot make regular weekly sessions. Our aim is to make exercise a fun and enjoyable activity for everyone. Why not give us a call and come along and find out?

Melanie's Kitchen



"good food, real ingredients"

Downend Rd.
Downend,
Bristol,
BS16 5UJ



0117 957 2662

Melanie's Kitchen wish you a Merry Christmas and a Happy New Year.

We have lots of ideas in store for Christmas -for presents and also as treats over the festive season. Everything from Copas stuffings and chestnuts for the turkey to mincemeat for your pies! The wonderful seasonal range of James' chocolates has just arrived! Don't forget we also have a fantastic selection of cheeses and pates plus crackers and chutneys to complement. Also in store: olives, crisps, pates, bread, ice-cream etc. for those **New Year buffets.**

We are open until 2pm on Christmas Eve and then will re-open on Wednesday 7th January at 9am.

www.melanieskitchen.co.uk

Cabinets Reshuffle, so have we!

On the recent retirement of stalwart and one of our elder statesmen, Aneurin (Nye) Thomas, who latterly was Co-ordinator for Oakdale Sector, but previously Secretary and Minute Secretary to the Watch – **many thanks to you Nye** – Barry Shore has moved to take on the job, having successfully supported the Watch in the role of Secretary for a few years now. This, of course, left the Secretary post vacant and 'newcomer' Maria Gawler stepped forward to volunteer. **Good on you Maria** – welcome - your 'appointment' helps us with our diversity on the committee and shows community commitment is alive and well out there in Bromley Heath!



Sorry no pic of the elusive Nye, but here's his thanks certificate!

Emergency Text Service for the South West

Emergency services throughout the South West of England are enhancing their partnership working with an emergency text number for deaf, deafened, hard of hearing and speech impaired people. **The 80999 text number** messages are received directly in to the police control room. The controller then calls for assistance as required from any of the emergency

**Please Telephone us for a Brochure:
0117 9560161
THE MANOR COTTAGE
Residential Care Home for the Elderly**



Beckspool Road, Frenchay,
Bristol, BS16 1NT

..... services, including police, fire, ambulance, coastguard, mountain and cave rescue.

The mobile text service gives reassurance to people who cannot use voice telecoms and reduces a significant barrier in emergencies.

This service is provided as a specific access service for people who cannot use voice telephony and is not an additional service for general contact.

BUS SERVICE IMPROVEMENTS

The **N2** night bus starts at Cr on Colston Ave East and serves Overdale Rd. and Cleeve Hill before returning. It's an hourly service from midnight to 6.00 AM on Saturdays and Sundays. Thanks to the Parish Council for negotiating this as a welcome addition to the **N50** running along Bromley Heath Rd, Cleeve Hill and Badminton Rd.

Avon and Somerset Local Resilience Forum (LRF)- Community Risk Register (CRR)

The Avon and Somerset Community Risk Register has been published by the Avon and Somerset LRF in accordance with the Civil Contingencies Act 2004. Details on the regulation and guidance contained in the Act can be found at www.ukresilience.gov.uk.

The purpose of the CRR is to reassure communities that potential hazards have been assessed, and that effective preparation, arrangements and response plans exist. The fact that a risk is included in the register does not mean that any particular incident will happen. Nevertheless, the possibility, however remote, has been recognised and the relevant agencies have arrangements in place to mitigate the effects of such incidents. There'll be more on this in our next edition.

SUGGESTION BOX SCHEME:

Want more information? Contact the Neighbourhood Beat Team on **0117 9454193**

Suggestion boxes are now located in Somerfield store in Downend & Emersons Green Library as part of a drive towards community involvement and the implementation of Stronger Safer Community Groups within South Gloucestershire. The boxes enable residents to communicate directly with the police, make suggestions for improvements to their area, express concerns or **request a security survey to be carried out on their home**. The relevant information will then be assessed by the local Neighbourhood Policing Team and where relevant, distributed to local agencies, including, South Gloucestershire Council, Trading Standards and Health authorities.

PC Will Gibbs, of the Downend and Siston Neighbourhood Policing Team, said: "Our focus is on working together with the community to make sure this is a safe and pleasant place to live. It is the residents themselves who are best placed to say exactly what kind of improvements would make their neighbourhood better. The idea behind the suggestion boxes is to get replies, views and information from the community to us and our partner agencies about anything that causes local residents concern - be it information about crime, housing issues, anti-social behaviour or highways matters. The boxes are being put in locations that people visit on a regular basis. Some people don't want to call at their local police station, now they can make suggestions at a number of locations about how to improve their area and their ideas will be forwarded to the right agency. Informants can remain totally anonymous if they wish."

Our Neighbourhood team have

asked us to: 'Please inform your members to ensure their homes are secure and that it is advisable that valuables should be property marked. (We can help with this!) Also remind neighbours to report anything suspicious to the police on 0845 456 7000 or if a crime is in progress, call 999.'

You can also use 0117 9454193, the office number

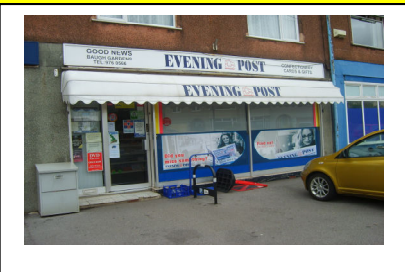
**Silhouette Hair and Beauty
Quakers Road For:
Dermologica Facials, Manicure and
Pedicure, Tanning, Colonic Irrigation,
Bridal Packages, Waxing, Electrolysis, Eye
Treatments and Massage.**

**Call in for an
appointment
or ring us on:
0117 956 1414**



for **ROUTINE CONTACTS**. This number is **not to be used to report crime**. Office and mobile numbers should be used if you wish to speak to your local Beat Managers or PCSO's to discuss community issues or, eg. to arrange meetings. The office is staffed at Staple Hill 9-4 Monday to Friday The team administrator will pass messages on and help you.

GOOD NEWS NEWSAGENTS



BAUGH GARDENS
0117 976 0566

Don't forget we can now order your 'flowers by post' too!

In addition to our popular specialist greeting card range, newspapers, inc. delivery service, confectionary, etc. **we now have in store a varied range of inexpensive 'stocking fillers' and special Christmas cards**

WE ARE WAITING TO RECRUIT PAPER DELIVERERS. PLEASE CALL IN - OVER 13'S ONLY.

PERSONAL, INDEPENDENT AND FRIENDLY SERVICE FROM YOUR LOCAL, TRADITIONAL NEWSAGENT. TERESA ANDERSON.

MS-2 Stores, Quakers Road is TRANSFORMING!

Go on, pop in and check out the greater floor size and accordingly the range of goods on offer at bargain prices!



LOOK OUT FOR DETAILS OF THE GRAND OPENING IN DECEMBER by a local NEIGHBOURHOOD CHAMPION.....

There's great prices on Christmas Beers, Wines too!

NW: NEWS BHNW: NEWS BHNW:

DS101 Sept 08: Badminton Road - Vehicle Crime
28/08/2008 18:00 - 01/09/2008 12:00 Unknown offender(s) have stolen two front fog lights from Ford Mondeo parked on driveway. **Heathfields - Dwelling Burglary 03/09/2008 21:35 - 03/09/2008 21:39** Unknown offender has gained entry to property by jemmying open a ground floor front door. Offender turned on the light when inside which awoke victim upstairs. Victim came down and screamed, offender ran off from location. **Badminton Road - Vehicle Crime 12/09/2008 17:30 - 13/09/2008 10:00** Unknown offender(s) have tried to gain entry to secure Peugeot 306 by bending back the front nearside door. No entry gained and nothing stolen. **Fouracre Crescent - Vehicle Crime 16/09/2008 08:15 - 16/09/2008 09:00** Unknown person(s) have smashed rear windscreen to gain access to vehicle and items have been removed from within. Ford Ranger.

DS101 October 08: Sandringham Avenue-Dwelling Burglary 02/10/2008 12:10 Unknown offender gained entry to property through rear open patio doors. The victim then saw him stood in doorway and at this time the offender turned and ran out through patio doors. **Queensholm Crescent - Vehicle Crime 05/10/2008 05:00** Unknown offender(s) have targeted numerous vehicles in the street and have attempted to gain entry to Peugeot 106 by punching a hole in the front passenger lock. No entry gained. **Bromley Heath Road - Garage Break 15/10/2008 11:50**

Unknown offender(s) have forced the locked metal up and over garage door off its runners to gain entry. A Yamaha motorbike was stolen from inside the garage.



What you can do?



If you are involved in any emergency it is important to:

- Make sure **999** has been called if people are injured or if there is a threat to life
- Not put yourself or others in danger
- Follow the advice of the emergency services
- Try to remain calm and think before acting and try to reassure others
- Check for injuries - remember to attend to yourself before attempting to help others.

If you are not involved in an accident but are close by or believe you may be in danger, in most cases the advice is: **GO IN, STAY IN, TUNE IN.**

To prepare for an emergency, you should take time to find out:

- Where and how to turn off water, gas and electricity supplies in your home
- The emergency procedures for your children at school
- The emergency procedures at your workplace
- How your family will stay in contact in the event of an emergency
- If any elderly or vulnerable neighbours might need your help
- How to tune in to your local radio station.

If you are at home and an emergency happens, try to gather together:

- A list of useful phone numbers, such as your doctor's and close relatives
- Home and car keys
- Toiletries, sanitary supplies and any regularly prescribed medication
- A wind up or battery radio, with spare batteries
- A wind up or battery torch with spare batteries, candles and matches
- A First Aid kit
- Your mobile phone and charger
- Cash, debit and credit cards
- Spare clothes and blankets.



Also, it is always useful to have:

- Bottled water, ready-to-eat food (e.g. tinned food) and a bottle/tin opener, in case you have to remain in your home for several days.

In certain very unlikely situations, you may be asked to leave your home by the emergency services.

If this happens, leave as quickly and calmly as possible. And, if you have time:

- Turn off electricity, gas and water supplies, unplug appliances and lock all doors and windows
- See the items listed above for what to take with you
- If you leave by car, take bottled water and blankets, and tune in to local radio for emergency advice and instructions.

When you are told that it is safe to return home, open windows to provide fresh air before reconnecting gas, electricity and water supplies.

Visit:

<http://www.preparingforemergencies.gov.uk/you/index.shtm> for more information.





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WINTER 2008 EDITION *'Working Together, Keeping You Safe.'*

TO ADVERTISE IN THIS NEWSLETTER, PLEASE GET IN TOUCH WITH US BY RINGING 9563325 OR EMAILING: BHNWATCH@AOL.COM We are now on the lookout for a new sponsor/benefactor of BHNNews. Can you help please?

GET INVOLVED IN YOUR N. WATCH! INFORMATION NEEDED? CONTACT THE WATCH CHAIR, BILL CROCKER ON 956 3325 OR EMAIL BHNWATCH@AOL.COM OR SPEAK TO YOUR CONTACT POINT.

Why not visit our new website? Go to <http://www.freewebs.com/blnw/index.htm>

PRO WATCH - TOP TIPS FOR THE WINTER!

- When making a call to the Police regarding crime using either 999 in emergency or 0845 456 7000 otherwise, please say the call is coming from Neighbourhood Watch and should be 'tagged.' Ask for your log number too!

- Remember the security of new presents and purchases, (DVD's, televisions, iPods, etc.) get them security 'stickered' or marked and be careful not to advertise you have them by careful disposal of packaging that potential thieves might see.

- Just in case we get some, don't forget those precautions regarding snow & ice, eg. have appropriate supplies of food available at home and if a driver, make sure you have prepared your vehicle and stored critical items in the boot, eg. screen scraper and spray clearer, shovel, blanket, coat, Wellingtons, etc.

- Please don't let your guard down over the festive season. Unfortunately the opportunists still operate and have been known to strike on Christmas day!

This article contains **personal safety advice** and information about protecting yourself on a night out. Violence is not as prevalent as the media might suggest. Statistically you are still more likely to be the subject of violence from someone you know rather than from a stranger on the street. Fear of attack is often far greater than the actual risk but there are simple measures which everyone can take to help protect themselves. Make yourself aware and responsible for your personal safety - keep yourself safe.

- Think ahead - consider how you are going to get home; what about pre-booking a taxi or arranging a lift with a friend or family member?
- Make sure that you stay with your party and that someone knows where you are at all times
- You must not, under any circumstances, walk home alone
- Make sure you have enough money to get home or to phone
- Steer Clear of Trouble - if you see any trouble or suspect that it might be about to start - keep clear. The best thing you can do is to alert the police and keep away
- Walk purposefully and try to appear confident. Be wary of casual requests from strangers, like someone asking for a cigarette or change - they could have ulterior motives, and
- Men, try not to carry your wallet in your back trouser pocket where it is vulnerable and in clear view.

Doorstep crooks' tricks change with the season

Police are warning householders that distraction burglars – criminals who talk their way into homes to steal – change their tricks for the darker nights.

PC Andy Williams, who co-ordinates intelligence about distraction burglars said he has seen a seasonal trend: "At this time of year burglars break into homes through windows and back doors, only coming out with their story when they are challenged. Intruders have claimed to be from the police, security officers or well-meaning neighbours chasing burglary suspects."

He said recently an elderly couple had cash stolen by intruders claiming to be CID officers, while a little later an elderly lady had a significant amount of money taken by burglars pretending to be security men. "These burglars' usual ruse is to call claiming to be from the water board or with some other story. They either talk their way in or keep the householder at the door long enough for an accomplice to sneak in to steal. They have changed their tactics because vulnerable people are taking heed of the simple security message 'unsure? don't open the door' and are even less likely to open up to a stranger in the darker evenings."

PC Williams urged the friends, neighbours and family of vulnerable members of our community to call police immediately if they see any unusual visitors or suspicious activity. He added: "It's vital to call police at once if you've been burgled or found someone in your home. We've done well capturing offenders when victims have dialled 999 immediately after being targeted by burglars. Don't delay – call straight away."

Police say that by taking simple security steps householders can defeat doorstep crooks – the number of distraction burglaries has dropped by a third on last year.

PC Williams advised: "If in doubt, keep them out. Always keep back doors and windows secured and use the door chain so you can ask for identification before letting anyone in. Don't worry about seeming rude – genuine callers expect to be asked for their ID." Anyone who turns away a suspicious caller should immediately call the police on 0845 456 7000.