



# BROMLEY HEATH NEIGHBOURHOOD WATCH NEWSLETTER

## WINTER 2005/6 EDITION

Your Contact Person is.....At Number.....

**Welcome to our Winter Edition and  
Compliments of the Season to you all!**

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**PC 4060 Will Price, our new Beat Manager writes:**

**Watch news on:**

**HELP, MY CHILD IS A TEENAGER!**

**Distraction burglaries continue:**

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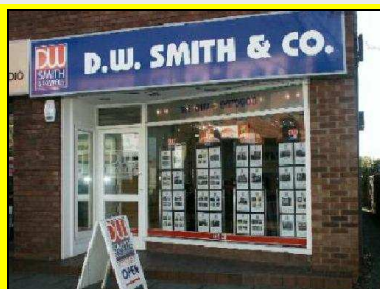
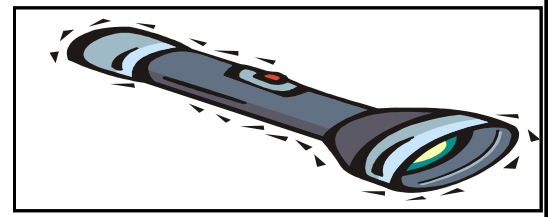
Some residents may receive a torch with this edition with our compliments! This follows a kind donation.

**BHN Pro-Watch      BHN Pro-Watch      BHN Pro-Watch**

**Your** committee have been discussing how to challenge and engage more of **you** in active community safety and crime prevention!

**Higher impact newsletters are one outcome.** Another and more challenging, will be an ongoing campaign, we will be starting shortly. We want to get **2 key messages** home to people first and we'll see what impact that has. If successful, we'll build on the initiative and go from there. **What are we going to be up to?**

See inside on pages 2 and 4 for **examples of what may come through a door** near you, one day soon, if you haven't been taking our advice!!



For a fresh friendly approach to selling or letting your home.

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Badminton Road Methodist  
Church, Downend

**Monday to Friday**

**9.30am – 12pm**

**For 2 ½ – 4 Year Olds**

Friendly, dedicated and experienced staff.

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Sessions available.

**Tel: 0117 9562347**

BHNW is very grateful to the local businesses that advertise in this newsletter and hope that you will support them, however, we cannot endorse or recommend their services. Please note, if you receive a torch with this edition, we cannot be held responsible for it.

# BHN Pro-Watch

## BROMLEY HEATH NEIGHBOURHOOD WATCH

"Being pro-active to keep our community safer"

### GOOD NEWS!

While being good neighbours, we spotted that your car had item(s) of value clearly on display,

If we spotted it so easily, **so would the opportunist thief!** And, if you think your alarm, (if you have one) will save you, then think again. Residents of Bromley Heath have found that perpetrators have smashed the window, taken the item(s) and run, before anyone starts to pay attention to the sound of a car alarm!

It is easy to put them off you know! Take your possessions indoors with you, or put them where interested eyes can't see, eg. the glove box or boot.

Thanks for your time and attention.

Contact us on email: [bhnwatch@aol.com](mailto:bhnwatch@aol.com) or ring 956 3325 and ask for the Chair of the Watch.



## NW: NEWS BHNW: NEWS BHNW: NEWS

Some really good stuff has been going on out there! First a **vigilant and effective member** has followed our advice and:

4 males were seen in HEATH WALK acting suspiciously around vehicles and garage doors in the street at 2.00 am and the member, a house owner in the street, immediately called the Police. On arrival 2 were found in the street, 1 was detained and the other ran into a nearby garden. The one detained was arrested after being found with a screwdriver for going equipped. A little search around the street found a car with its door forced open so he was further arrested for attempt theft of a m/v. A second male was shortly found in a nearby garden and he has also been arrested for attempt theft. Bad news we know for the owner of the vehicle, but just shows how it can all come together for a successful result.

Second **another member has written in** with her article for us. This is another welcome development – more please! Here it is:

**High Hedges:** We don't always realise the effect we have on those around us. What you may have planted in your garden for privacy and security maybe turning your neighbours garden into a dark, damp, oppressive place. Issues over boundaries can often be resolved by amicable face to face discussion but in the event of no solution being achieved there is now an alternative. The government have recently introduced new laws suggesting that hedges should not be over 2 meters in height. If you need further guidance or advice there is also a dedicated "High Hedges Officer" at the council offices in Yate.

*Guidance from the Office of the Deputy Prime Minister*

Q -I have a high hedge to protect my garden from the wind.

A -A 2 meter high hedge will provide shelter for up to 20 metres (21-22yds approx)

Q -My trees and bushes block out noise and smells.

A -Noise and smells will go round and through a hedge

Q -I leave my hedge high to give me privacy from my neighbours upstairs windows.

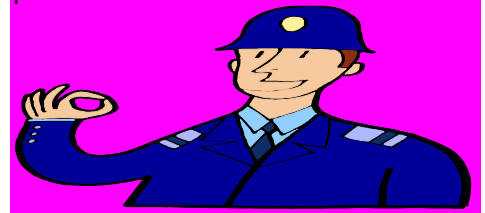
A- The new law says it is only reasonable to have hedges high enough to block the view from your neighbours garden and ground floor windows.

## PC 4060 Will Price, our new Beat Manager writes:

I joined A&S Constabulary in Dec 2003, and from that date I have been stationed at Staple Hill. Before becoming the beat manager for Downend and Bromley Heath I had worked a couple of times with PC Mark Lester, your previous Beat Manager, which gave me an understanding of the role and what is required. Since taking over the role at the end of September, I have been busy introducing myself to members of the community on the street and have also attended a parish council meeting and neighbourhood watch meetings. I intend to do this on a regular basis so that I can get feedback from the community.

One of the main concerns from the local community has been the amount of youths gathering in Downend around the shops. This has changed mainly due to a lot of foot patrol around the shops by PCSO Justin GAY, PC Terry MURPHY the Beat Manager for Staple Hill and myself. One of my main objectives is to cut out anti-social behaviour and hopefully the community should see a change very shortly. Both PCSO Justin GAY and myself work very closely together and it's fair to say that targeting the nuisance youths is our top priority.

Issues or concerns that you want to discuss with me? Please contact me on 07919 628312 or e-mail me at [will.price@avonandsomerset.police.uk](mailto:will.price@avonandsomerset.police.uk) I will also be holding regular beat surgeries at the Downend Baptist Church, so please look out for the posters.



### Useful Numbers

**Police Main Switchboard:  
0845 456 7000**

**In Emergencies Only: 999**

**Street Care:  
01454 868 000**

If you need assistance with stray Dogs, Litter, Lighting, Pavements, Graffiti, etc.

**BHNW: 9563325**

# HELP, MY CHILD IS A TEENAGER!

Society is very quick to blame parents when things go wrong, but parenthood has got to be the only full time job which is not only unpaid but has no training to prepare you! The GOOD NEWS is that there is help out there and advice can be found along with support and guidance, relatively easily.



## HELP FOR PARENTS

NSPCC Parentline  
0808 800 2222

Relate (Kingswood)  
0117 942 8444

Social Services child assessment team  
01454 868 501

Adolescent Support team  
01454 866 303

Young People's clinic  
Own health centre or maybe the GP

[www.raisingkids.co.uk](http://www.raisingkids.co.uk)  
[www.practicalparent.org.uk/teens](http://www.practicalparent.org.uk/teens)

[www.bbc.co.uk/parenting/your\\_kids/teen\\_index.shtml](http://www.bbc.co.uk/parenting/your_kids/teen_index.shtml)

When problems arise, try these:

1. Really listen and actively acknowledge feelings on both sides
2. Acknowledge their point of view, even if not shared
3. Keep things in perspective, decide what's important and expect to be challenged
4. Try to speak to them as young adults
5. Plenty of strong messages of thanks and appreciation when deserved
6. Show an interest but don't pry into school and other interests
7. Sometimes agree to disagree but agree to changes in behaviour
8. Avoid 'labels' as damaging to self esteem, even the positive.
9. Allow freedoms so responsibility can be taken but set boundaries
10. Changing bodies and strange feelings and thoughts are sometimes best in their own space and in privacy.
11. Look after YOURSELF and recharge.
12. Talk to others and help and support each other.
13. Seek help if necessary.

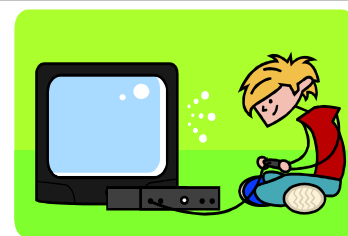


## HELP FOR YOUNG PEOPLE

Off the record (counselling)  
0800 389 5551

FRANK (drugs)  
0800 77 66 00

Connexions (advice&g'd'ce)  
080 800 13 2 19



No Worries (pregnancy&sex)  
0117 330 2424

Childtime (parents divorcing)  
0117 929 1533

School Health Nurses can also help

[www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)

**GOOD LUCK!**

## NW: NEWS BHNW: NEWS

At our last committee meeting we decided to settle on the theme of **traffic and transport** for our discussion evening/AGM in May 06. Further details in the next edition.

We also decided to have a separate **20<sup>th</sup> Birthday Party** for the Watch in September 06 – watch this space!

It appears you are happy with the appendix to the charter, so we are attaching it to the document.

Co-ordinator Pauline is going bionic and is 'resting'. Our good wishes for a speedy recovery! PRO Rich and Co-ordinator Martin, with a little help from their partners, are proud new parents – again. Congrats to you all!

## THE MANOR COTTAGE Residential Care Home for the Elderly Beckspool Road, Frenchay, Bristol, BS16 1NT



Telephone us for a Brochure: 0117 9560161

## GOOD NEWS (NEWSAGENTS)

### BAUGH GARDENS

FOR: NEWSPAPERS AND MAGAZINES, (INCLUDING DELIVERY SERVICE) CARDS AND GIFT WRAP A SPECIALITY, HELIUM BALLOONS, PRINTER CARTRIDGES, BATTERIES AND MORE!

**OPEN UNTIL 7.30PM ON THURS'S UNTIL XMAS.**

**WE NOW ALSO STOCK ADHESIVES, REFUSE AND GARDEN SACKS.**

## **SHOP locally** at MS-2 Stores, Quakers Road

**Kam and Raj say: "Merry Christmas to all our Customers and look out for *CHRISTMAS CRACKERS*"**



**For example: Jacobs Selection or Teatime Varieties, any 2 for £2! See their flyer giving details of lot's more besides .....**

**Sent by Melanie Wills, NHW Administrator recently:** Once again there have been several distraction burglaries in South Gloucestershire.

The offenders have pretended to be water board officials to gain entry to the victims' property. They are believed to be 2 white males, 20-40 years old, clean shaven, one of a small build and the other a larger man. It is believed that one of the offenders was wearing a blue sweater with lettering similar to 'UBE' on the front.

Do not allow access to callers without checking the authenticity of their identification and always use the doorstep code: STOP, CHAIN, CHECK. We would advise residents to call 999 immediately if they believe offenders fitting the above description are operating in their neighbourhood.

**BHNW GOES GLOBAL! Now we are on the web too! Find us on:**

<http://www.ukvillages.co.uk/ukvillages.nsf/villages/Downend-Bristol%20City?open&body=villagebody&root=villagebody>

You can now send us your questions, feedback etc. to our email address: [BHNWatch@aol.com](mailto:BHNWatch@aol.com)



**We also would like to know if you would like to receive your Quarterly newsletter by email and we would also be able to send all urgent communications received from the police, quickly and effectively.**

## BHN Pro-Watch

### BROMLEY HEATH NEIGHBOURHOOD WATCH

"Being pro-active to keep our community safer"

#### GOOD NEWS!

While being good neighbours, we spotted that your home was in **complete darkness**. If we spotted it so easily, **so would the opportunist thief!** And, if you think your alarm, (if you have one) will save you, then think again. Residents of Bromley Heath have found that perpetrators have been in and out before anyone start to pay attention to the sound of a house alarm!

It is easy to put them off you know! Pop in to any decent 'Do It Yourself' or Electrical type store and buy yourself a time clock, or even better, two. They are very reasonably priced and simple to use. However, if you need any help in setting them, please let us know and we'll be happy to help?

Thanks for your time and attention.

Contact us on email: [bhnwatch@aol.com](mailto:bhnwatch@aol.com) or ring 956 3325 and ask for the Chair of the Watch.



**INTERESTED IN BECOMING INVOLVED IN YOUR NEIGHBOURHOOD WATCH? WANT FURTHER INFORMATION?**

**CONTACT THE WATCH CHAIR BILL CROCKER ON 956 3325 OR EMAIL [BHNWATCH@AOL.COM](mailto:BHNWATCH@AOL.COM)**

**OR SNIP OFF THIS SLIP WITH YOUR MESSAGE AND DELIVER IT TO YOUR CONTACT POINT**

**Name:.....Address.....Tel No. ....**

**Comments:.....**